

Tiger Tornado Broadsword

1. SWORD PROTECTS HEART - Circle bottom of sword clockwise (to the left), continue until the sword is pointing to the right 3 o'clock and the left hand is pointing to 9 o'clock to form a TEE. The sword will continue to circle downward while the left hand circles upward until the sword points at 6 o'clock and the left hand points at 12 o'clock. The left hand will come straight down, the sword will come up and form an X in front of the heart.

2. TIGER SERCHES THE WOODS - Circle the sword behind the head and slice to the left.

3. CLEAR THE CLOUDS - Slice to the right, drop the tip of the sword behind the back and circle around the head until the sword points downward, palm pushing block with the left hand.

4. TIGER SEARCHES THE WOODS - Circle the sword behind the head and slice to the left.

5. TIGER PROTECTS DEN - Slice to the right, drop tip of sword behind the back and circle around the head while stepping forward with left foot, back step with right foot, pushing block with sword.

6. TIGER STRIKES - Drop tip of sword circle behind head, back step with left foot, slice to left. Front Snap kick with right foot, step back with left foot, stab.

7. TIGER PREPARES FOR NEXT ATTACK - Right foot steps in front to X stance, strike with hilt of sword, stab to right, step out with left foot to riding stance, palm block with left hand by right shoulder, sword points downward.

8. TIGER CREATES TORNADO - Drop tip of sword, wrap left to right, step forward with the right foot, back step with left foot, slice to left. Back step with right foot, slice to the right, circle behind head, push block.

9. FURY OF THE TIGER - 4 Figure 8, 4 figure 8 with tuck behind back, Open hand rising block with left hand, downward strike with bottom of sword. Back step with left foot, downward strike with bottom of sword.

10. TIGER PROWL THE GRASS – Step back with left foot, turn 180 and step forward with right leg, flower on left side, flower on right side, turn 180.

11. TIGER PROWL THE GRASS – Step back with left foot, turn 180 and step forward with right leg, flower on left side, flower on right side, turn 180. Yes this is the same movement twice.

12. TIGER BECOMES ANGRY – Step back with left leg, turn 360 with sword at waist level, jump.

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13. TIGER SEACHES THE WOODS - Circle the sword behind the head and slice to the left.

14. CLEAR THE CLOUDS - Back step with right foot, slice to the right, drop the tip of the sword behind the back and circle around the head until the sword points downward, palm pushing block with the left hand.

15. TIGER BOWS TO ENEMY - Slice to the left, slice to the right, drop the tip of the sword, bring both hands over head and then bow with sword blunt edge resting on right shoulder.