

Five Animal Form – Kung Fu

1. Tiger Dragon into Hiding
2. Black Tiger claw method
3. Single Tiger comes out of cave
4. White snake spits out poison
5. Coiling Snake
6. Piercing venom
7. White Crane spreads its wings
8. Reincarnation of the fulfilled crane
9. Scoop the fish from the sea
10. Dragon holds the ball
11. Splashing palms
12. Pounding waves
13. Puldo Shigaru
14. Fist slides through sleeves
15. Shadowless kick
16. Tiger Dragon into hiding
17. Tiger and Dragon appear
18. Dragon spits out pearl